

SPECIAL OFFER "HEALTHY BACK" IN REHABILITATION CENTRE "LĪGATNE"



Program composition:

Rehabilitator physician consultation, rehabilitation plan specification and supervision by a physician during the course of rehabilitation

Physiotherapist initial consultation and rehabilitation plan specification (30 min.)

Physiotherapist individual classes or therapeutic exercises in a group 3x /6x

Mud extract bath 2x / 2x

Sea salt bath 2x (only for the 10-day program)

Mud applications (2 spots) 4x / 5x

Underwater massage (20 min.) 2x / 5x

Back massage 4x / 8x

Kinesiology taping or therapeutic exercises in a group

Accommodation in a authentic quadruple two-room bedroom with breakfast

Lunch and dinner

Offer price:

6 days: Before: 585.00 € Special price: 508.95 €

10 days: Before: 1044.00 € Special price: 908.28 €

Offer valid from 01.10.2024.-30.11.2024.

TRIP DATES

TRIP DISTANCE

1 km

PRICE: **508.95 EUR** / 585 EUR
