

CARPAL TUNNEL SYNDROME IN LĪGATNE REHABILITATION CENTRE



Program content:

Rehabilitator physician consultation, rehabilitation plan specification and supervision by a physician during the course of rehabilitation

Initial physiotherapist consultation and rehabilitation plan specification (30 min.)

Therapeutic exercises in a group with a physiotherapist (30 min.) 3x / 8x

Initial examination by an occupational therapist and rehabilitation plan specification (30 min.)

Occupational therapist class in a group (45 min) 2x / 4x

Neck or sacrum or foot/shin or palm/forearm massages (20 min.) 2x / 3x

Physical therapy procedures 3x / 5x

Accommodation in a authentic two bedroom quadruple room breakfast

Lunch and dinner

Offer price:

5 days: ~~392.50 €~~ **333.63** **10 days:** ~~730.00 €~~ **620.50**

Offer valid from 01.04.2025.-31.05.2025.

Apply for the program:

+371 64161917, +371 26431450

Special offers: <https://rehcentrsligatne.lv/en/akcijas/>

Medical Institution Code: 4212-00001

TRIP DATES

TRIP DISTANCE

1 km

PRICE: **620.5 EUR** / ~~730 EUR~~
