

A GENTLE CULTURAL JOURNEY THROUGH LATVIA'S GAUJA NATIONAL PARK



ENTERGAUJA

Hidden Europe

A Gentle Cultural Journey through
Latvia's Gauja National Park

*Discover unspoilt landscapes, medieval towns, and authentic local life
— at a pace designed for comfort and enjoyment.*

•
Small group (10–18 pax)

•
Relaxed pace

•
Culture & nature

•
Local food

Your Journey

- DAY 1 SIGULDA**
Scenic valley walk, cable car, manor visit & wine tasting
-
- DAY 2 HERITAGE & TRADITIONS**
Turaida Castle, local food tasting, craft experience
-
- DAY 3 CĒSIS & RIVER GAUJA**
Medieval town, sandstone cliffs, brewery visit
-
- DAY 4 DEPARTURE**
Return to Riga



Sigulda Cable Car Over River Gauja

Why Choose Gauja National Park?

- Uncrowded, authentic Europe
- Easy access from Riga
- Designed for comfort
- Rich storytelling & local encounters



Local Food



Gauja River Sandstone Cliffs

Perfect for travellers 55+

Comfortable hotels · English-speaking guides · Short travel distances

E-mail: info@entergauja.com · Phone: +371 28658900

www.entergauja.com

Your Experience

DAY 1 — SIGULDA: ICONIC LANDSCAPES & SOFT ADVENTURE

Arrive in Sigulda, the gateway to Gauja National Park, just one hour from Riga.

Enjoy a guided walk through the Gauja River Valley, discovering panoramic viewpoints, forest trails, and stories of this ancient landscape shaped over thousands of years.

Lunch features traditional Latvian cuisine made from seasonal, local ingredients.

Experience the region from above with the Sigulda cable car, followed by a visit to Krimulda Manor, including a local wine tasting and introduction to regional traditions.

In the afternoon, enjoy light adventure and scenic exploration, including the legendary Gutmanis Cave, the largest sandstone cave in the Baltics.

Evening at leisure, dinner and overnight in a comfortable hotel in Sigulda.

DAY 2 — HERITAGE, LOCAL FLAVOURS & CRAFT TRADITIONS

After breakfast, step into history at the Turaida Museum Reserve, one of Latvia's most important cultural heritage sites, brought to life through engaging storytelling.

Continue to Rāmkalni Leisure Park, where you will enjoy lunch and taste locally produced specialities, with an opportunity to purchase regional products.

In the afternoon, discover authentic craftsmanship at Vienkoči Park, where woodwork traditions are preserved and experienced firsthand.

Optional visit to Līgatne, including:

- the historic river ferry crossing
- a visit to a local winery with fruit wine tasting

Dinner and overnight in Sigulda.

DAY 3 — CĒSIS & THE GAUJA RIVER LANDSCAPE

Travel to Cēsis, one of Latvia's most charming medieval towns.

Enjoy a guided walk through the old town, including the Cēsis Castle complex, cobbled streets, and rich Livonian heritage.

Lunch in a high-quality local restaurant, highlighting modern Latvian cuisine.

In the afternoon, visit Sietiņezis, one of the most impressive sandstone cliff formations in the Baltics, offering beautiful views over the Gauja River.

Continue to Valmiermuiža Brewery for a relaxed visit and tasting of premium local craft beer.

End of programme with return to Riga or optional overnight in Valmiera.

Experiences & Local Partners

Discover a carefully curated selection of authentic activities and trusted local providers, designed for relaxed travel, cultural discovery, and nature enjoyment.

SIGULDA & GAUJA VALLEY

Scenic landscapes, panoramic viewpoints, and gentle outdoor activities.

- Walks in Gauja River Valley
- Sigulda Cable Car experience
- Cycling routes through forests and countryside

Activities by:

- Sigulda Adventures
entergauja.com/en/sigulda-adventures/
- Eži Bike Rental
entergauja.com/en/ezi-bike-rental/

HERITAGE & CULTURE

Step into Latvia's history through castles, traditions, and local crafts.

- Turaida Castle – medieval heritage site
- Guided visits and storytelling experiences
- Local craft workshops

Experience providers:

- Krimulda Manor
entergauja.com/en/things-to-do/enter-manors/krimulda-manor-1
- Enter Gauja partner network
entergauja.com/en/

NATURE & RIVER EXPERIENCES

A peaceful way to explore Latvia's largest national park.

- Canoeing on the Gauja River
- Sandstone cliffs and nature trails
- Seasonal outdoor activities

Activities by:

- Boards You
entergauja.com/en/boards-you/
- Makars Tourism Agency
entergauja.com/en/makars/
- Rāmkalni Boat Rent
entergauja.com/en/ramkalni/

LOCAL FOOD & TASTINGS

Enjoy authentic flavours of the region in relaxed settings.

- Farm-to-table meals
- Local wine and beverage tastings
- Regional culinary traditions

Providers:

- Valmiermuiža Brewery
entergauja.com/en/valmiermuiza-brewery/
- Līgatnes Vīna Darītava
entergauja.com/en/ligatnes-vina-daritava/
- Restaurant "Aparjods"
entergauja.com/en/eat-drink/restaurants/restaurant-aporjods

COMFORTABLE STAYS

A selection of welcoming accommodations for groups and families.

- Hotel Sigulda
entergauja.com/en/hotel-sigulda/
- SPA Hotel Ezeri
entergauja.com/en/spa-hotel-ezeri/
- Hotel Wolmar
entergauja.com/en/hotel-wolmar/

All offering: Comfortable rooms · Local cuisine · Easy access to activities

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TRIP DATES

TRIP DISTANCE



1 km

PRICE: 0 EUR
